



the  
village  
square

enrich your life  
with community  
classes and social  
activities at **Epsom  
Community Centre**



Term 3  
Term 4

July – October 2021  
October – December 2021

Epsom Community Centre  
202 Gillies Ave, Epsom  
09 555 5164  
community@  
epsom-community-centre.org.nz

# classes

Class Name	Day and Time	No. Weeks	Cost	Term 3 Start	Term 4 Start	Class Description
<b>ESOL / General English</b>						
Everyday English	Fri 12.30-2.30pm	8	\$84.50	6 Aug	22 Oct	Learn English with our experienced teacher. Focus on speaking, listening and improving pronunciation while learning more about Kiwi life.
<b>Healthy Body &amp; Mind</b>						
Hatha Yoga	Mon 12-1pm	<b>T3</b> 10 <b>T4</b> 8	<b>T3</b> \$155 <b>T4</b> \$124	26 July	18 Oct	Learn simple techniques for relaxing, de-stressing and increase muscle tone and flexibility. Own mat required.
9am Pilates Beginners class	Tue 9-10am	<b>T3</b> 10 <b>T4</b> 9	<b>T3</b> \$155 <b>T4</b> \$139.50	27 July	19 Oct	Experience a positive, exercise-based way to balance mind and body. Improve your flexibility, posture, muscle strength and balance.
10am Pilates Continuing class	Tue 10-11am	<b>T3</b> 10 <b>T4</b> 9	<b>T3</b> \$155 <b>T4</b> \$139.50	27 July	19 Oct	
<b>Creative Arts &amp; Crafts</b>						
Anyone Can Learn to Draw <b>NEW</b>	Wed 9.30-10.30am	8	\$95	11 Aug	20 Oct	Unlock your inner artist starting with simple exercises in drawing objects using line, tone, shading and perspective. Bring materials from list provided.
Anyone Can Learn to Paint a Small Canvas <b>NEW</b>	Wed 10.30-11.30am	8	\$95	11 Aug	20 Oct	A painting class with brushes of colour and splashes of fun! A wide range of subject matter will be explored. Students to bring their own materials from the list provided.
<b>Music Rhythm &amp; Dance</b>						
Adult Jazz	Mon 1.10-2.10pm	<b>T3</b> 10 <b>T4</b> 8	<b>T3</b> \$105 <b>T4</b> \$84	26 July	18 Oct	Come join the fun! This upbeat dance class covers everything from limbering to learning sequences and combinations to modern music with a jazz twist.
<b>Cooking Workshops</b>						
Pasta Making <b>NEW</b>	Sat 9.30am-12.30pm	1 Workshop	\$35	14 Aug	—	Make fresh Italian-style pasta from scratch in this fun, hands-on workshop and learn helpful tips and tricks from our cooking expert.
French Desserts <b>NEW</b>	Sat 9.30am-12.30pm	1 Workshop	\$35	—	6 Nov	Take your tastebuds to Paris and learn how to make quintessential French desserts. We'll be making Tarte Tatin, Truffles and Chocolate Mousse in this hands on workshop.



Parnell Trust, who manage Epsom Community Centre, have rebranded! We're now The Village Square Trust. Find out more at [villagesquare.org.nz/rebranding](http://villagesquare.org.nz/rebranding)

Read full activity details and enrol online at [epsom-community-centre.org.nz/enrol](http://epsom-community-centre.org.nz/enrol)

The Village Square Trust thanks Auckland Council, Barfoot & Thompson Epsom and Albert-Eden Local Board for their support.



# Enrich your life with community classes at **Epsom Community Centre**

## How to enrol?

Visit our website at  
**[epsom-community-centre.org.nz/enrol](https://epsom-community-centre.org.nz/enrol)**  
to enrol online, or call our friendly team  
and enrol over the phone (pre-enrolment  
is required for all classes)



## CONTACT US

**Epsom Community Centre**

202 Gillies Ave, Epsom

T 09 638 7444

E [community@epsom-community-centre.org.nz](mailto:community@epsom-community-centre.org.nz)

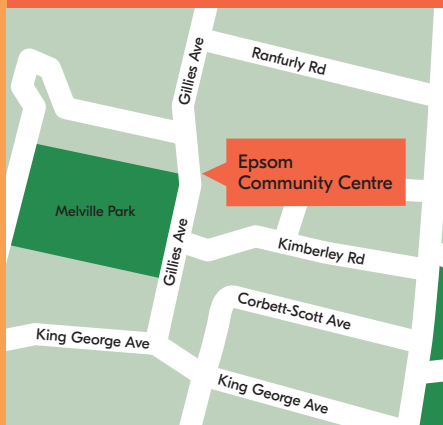
Facebook @EpsomCommunityCentre

**Epsom Community  
Centre is proudly  
managed by The Village  
Square Trust**

## What we do at Epsom Community Centre

- Community classes
- Venue hire
- Community garden
- Community market
- JP service desk
- ... and more!

More info at  
**[epsom-community-centre.org.nz](https://epsom-community-centre.org.nz)**



## **EPSOM COMMUNITY CENTRE**

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